

Frequently Asked Questions: Student Assistance Teams

What is a Student Assistance Team (SAT)?



- A SAT is a set group of team members who are trained in Student Assistance Program (SAP) processes.
- A SAT receives referrals, gathers information, develops strategies to remove student barriers to learning, links students to interventions, and helps provide support and follow-up services.

Who should be on the SAT?



- A school administrator and a representative group of school staff (e.g., teacher, counselor, psychologist, nurse, or other related professional staff).
- Liaisons from county behavioral health and drug and alcohol systems may attend meetings to ensure collaboration and continuity of care.

What services should a SAT focus on?



- Early identification
- Referral
- Intervention planning
- Guided support services

How can SAT improve functioning and collaboration?



- Seek out a cross-representation of individuals and identify the contributions each member will bring to the team dynamic.
- Define the purpose and priorities of the team, describe how decisions are made with a solution-focused criteria, and anticipate potential concerns.

What is the guidance for SAT meetings?



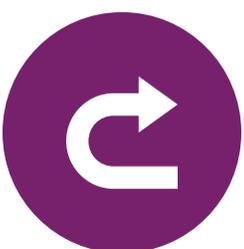
- Regular meeting time of at least 40-60 min each week with protected time for student support and case management.
- Identification of members' role assignments and responsibilities.
- Inter-team communication and case documentation system.
- Document relevant meeting information, attendance, confidentiality agreements, and student referrals.

What is the purpose of a Student Support meeting?



- Meetings are used to plan support for individual students' concern.
- Student Support meetings should include a discussion of the student's strengths and assets, concern identification, concern analysis, plan development, and plans for follow-up actions and evaluation.

What is the purpose of a Case Management meeting?



- To review schoolwide data, review initial referrals, and review and monitor individual supports, plan activities, and monitor team functioning.
- Case Management meetings should include a discussion of new referrals, updates on prior referrals, and mental health & alcohol drug updates.